

Fall Protection End User

Classroom Course

This one-day course is designed for workers in the construction industry (industrial, commercial or residential) who work at heights. Participants will be provided with information regarding their legislated responsibility to know and understand what equipment is available to them and to know how to use various types of fall protection systems to prevent serious injury. This course is OSSA-approved.

Course Topics

- Fall accident statistics
- The dynamics associated with a fall
- Regulations that apply to fall protection
- Components used in a travel restraint and/or fall arrest system
- Anchors, connectors, lanyards and self-retracting lifelines
- Vertical lifelines, fall arresters and full-body harnesses
- Fall clearances
- Control zones, work positioning, descent control devices, aerial lifts, ladders, scaffolding
- Equipment specifications, limitations, proper care and inspection
- Fall rescue planning

Certification

This course has a written test component only. Participants must achieve a minimum score of 80% on a closed-book test. Re-certification is required every three (3) years.

Prerequisites

None required at this time.