



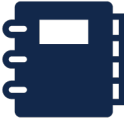



Pre-Task	<ul style="list-style-type: none"> • Determine task and choose the fall protection system to be used. Consider the hierarchy of controls such as guard rails, travel restraint, fall arrest, leading edge, or procedure based. • Complete a Fall Protection Plan when required. • Ensure end user is fully trained and competent in the safe use of fall protection systems (inspect, maintain, and/or don fall arrest systems). Never use defective equipment. • Complete a site-specific hazard assessment prior to start. • Confirm an effective anchor point when using fall arrest or travel restraint. Consider swing fall. Never tie off to a guardrail. • Use buddy system to confirm D ring connection.
During	<ul style="list-style-type: none"> • Follow Fall Protection Plan and controls. • Inspect and maintain guardrails and control zones throughout the task. If a guardrail needs to be removed follow SJP. • Maintain good housekeeping practices to prevent tripping. • Reposition anchor and/or fall arrestor as required to take up slack and prevent swing fall.
Post-task	<ul style="list-style-type: none"> • Inspect fall protection equipment for signs of damage or conditions that can contribute to deterioration. • Remove all defective equipment from service. • Maintain and record dates for scaffolding systems and self-retracting devices to complete inspection and/or service.

Task/Environment/Equipment	
Fall Protection	
Protective Measures	
SSHA	
Engineering	
Training	
SJP	
ERP	
PPE	

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