







Pre-Task	<ul style="list-style-type: none"> • Consider the task and follow safe job procedures, industry best practices, and legislative requirements. • Complete a hazard assessment and follow the controls. • Follow the manufacturers' recommended operating procedures. • Inspect all equipment. This includes compressors, hoses, and valves for pneumatic tools. Cords, switches, and casing for all electrical tools. Fuel and oil level for gasoline powered tools and equipment. • Ensure the use of all PPE.
During	<ul style="list-style-type: none"> • Ensure all vibration suppression material is in place and in good working condition. • Ensure work site has barricades and warning signs in place prior to start up. • Use anti-vibration gloves to limit vibration impact on the hands, wrists, and arms. • Work within your limitations and alternate tasks to prevent over stress and fatigue.
Post-task	<ul style="list-style-type: none"> • Clean, secure, and store tools and equipment when the task is completed. • Tag out any malfunctioning or damaged tools and equipment for repair.

Task/Environment/Equipment	
Mechanical Vibration Tools (Jackhammers, breakers, tampers, and impact drills)	
Protective Measures	
SSHA	
Engineering	
Training	
SJP	
ERP	
PPE	

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